

Gammagirls is a 10 week program designed to equip teen girls for self-leadership by focusing on the attitudes, skills and values needed to help navigate the teen years.

*Gammagirls seeks to enable teen girls to recognize who God created them to be, to fully embrace their unique self, their gifts, and to stand for Him in an increasingly complex society.*

### *It's all about being a gammagirl*

#### **WHY?**

Because Gammagirls are unique, empowered, confident, brave, independent, assertive, positive, and focused on being all that God created them to be.

#### **ARE YOU A GAMMA GIRL?**

If you are between the ages of 13-15 you can join.

### *Good things happen when Gammagirls get together*

✿ This group is about friendship, positive body image, problem solving and negotiating skills, determining values and how the media impacts our lives.

✿ This is a place to be serious, try new things, and exercise leadership skills needed in today's society.

✿ It's a safe place for girls to communicate without competition and to learn to deal with challenging relationships.

✿ It's a time to get together to talk about issues relevant to girls.

#### **GAMMAGIRLS AT:**

**DATES:**

**TIME:**

**COST:**

It is our desire that no one be excluded due to financial constraints. Limited sponsorships are available.

Sponsored by the Gamma Leadership Training Association

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**WWW.GAMMAGIRLS.ORG**



# Register today!

**NAME** \_\_\_\_\_

**ADDRESS** \_\_\_\_\_

**POSTAL CODE** \_\_\_\_\_

**PHONE** \_\_\_\_\_

**AGE** \_\_\_\_\_

**PARENT'S SIGNATURE** \_\_\_\_\_

**TODAY'S DATE** \_\_\_\_\_

#### **METHOD OF PAYMENT**

\_\_\_\_ cash \_\_\_\_ cheque \_\_\_\_ visa \_\_\_\_ mastercard

card number \_\_\_\_\_

expiry date \_\_\_\_\_

cardholder signature \_\_\_\_\_

#### **T SHIRT SIZE**

adult sizes \_\_\_\_ s \_\_\_\_ m \_\_\_\_ l \_\_\_\_ xl

(only required if participating)